



Name: \_\_\_\_\_

Team (if applicable): \_\_\_\_\_

1. Indicate roundtrip mileage for each hike or bike.
2. Only miles hiked or biked between September 1 – 30 are eligible toward your total.
3. Urban trails, walking paths, and neighborhood strolls count as well!
4. To log your activity electronically instead:
  - Create an account on **strava.com** and link it to your personal fundraising page at **[aviary.org/support-our-work/hike-a-thon/](https://www.aviary.org/support-our-work/hike-a-thon/)**
  - Log your activity manually on your personal fundraising page at **[aviary.org/support-our-work/hike-a-thon/](https://www.aviary.org/support-our-work/hike-a-thon/)**

Date	Trail Name/Location	Miles

**TOTAL:** \_\_\_\_\_

To be eligible for prizes, you must be registered as a participant at [aviary.org/support-our-work/hike-a-thon/](https://www.aviary.org/support-our-work/hike-a-thon/) and return mileage log by October 10. Complete log on Strava, return via email to [elizabeth.zimmerman@aviary.org](mailto:elizabeth.zimmerman@aviary.org), or mail to: